



The Cook Islands: Art Experience

Sketchbook Therapy on Atiu

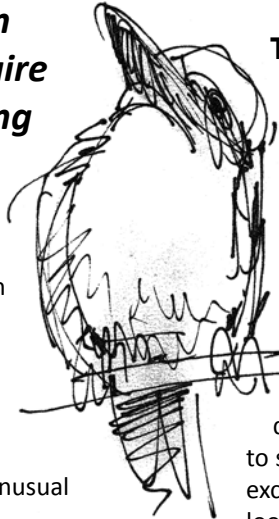
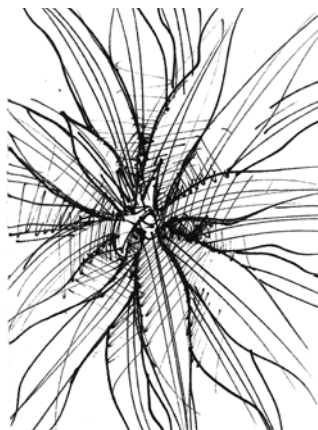
Sketchbook Therapy is an inspiring workshop to acquire a fresh approach to sketching directly from nature.

This workshop is not about producing artwork, but about discovering different ways to experience by sketching. We are on the go, exploring the natural environment of Atiu, a stunning South Pacific Island.

For beginners, Sketchbook Therapy is a dynamic way to get started with drawing. For experienced artists it is a refreshing challenge of working outside, inspired by unusual subjects.

For groups of 2 to 6 persons

- An introduction on Rarotonga, then 4 days/ 3 nights on the island Atiu, in the Cook Islands.
- **Average fitness for short walks is required.**



The Sketchbook Therapy instructor

Judith Kunzlé has been drawing all her life and specialised in drawing moving subjects, sketching outside and on the go. She is best known for her work of Cook Islands dancers, which are all based on sketches from dancers in action.

Atiu is Judith's favourite place for drawing and she invites you to share the fun and stimulating challenge of investigating nature with pen on paper.

In seven sessions, the key elements of drawing will be explained, and fresh approaches to sketching introduced. We will enjoy the moment, exchange our experiences and different ways of looking and seeing.

Included:

- Welcome drink with introduction.
- Return flight Rarotonga - Atiu.
- Accommodation for 3 nights at the Atiu Villas, including all meals.
- Transfers, all transport to workshop sites.
- Instruction in drawing and demonstrations.

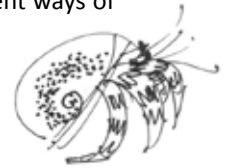
Not included:

- Hotel nights on Rarotonga before and after the workshop.
- Drinks and special-diet food
- Excess baggage (Luggage allowance is 16 kg plus 3.5 kg carry-on)
- Laundry and telephone calls
- Personal expenses, rental bikes or cars

What to take:

It's easier to move around and find your spot to sketch, if the art supplies are in a backpack. Bring a big plastic bag for the art-supplies and paper, just in case we get caught in the rain.

- 3 Sketchbooks: A4 (9"x 12"), A5 (6"x 9"), A6 (4"x 6")
- Pencils and pens of your choice.
- Hat, sun-block and mosquito-repellent.
- A folding chair or mat to sit on.
- Comfortable clothes, light long trousers and long-sleeved shirts work best for sun- and mozzie-protection.
- Good walking shoes, a light rain coat and an umbrella.
- Waterbottle, sunglasses.
- Not to forget: a swimsuit to dip into the sea or the pool at Atiu Villas.





The Program:

Day 1 Thursday

18:00 Meet Sketchbook Therapy instructor Judith at a restaurant or hotel bar on Rarotonga for the program introduction.

Day 2 Friday

10:00 Meet at the Airport, Air Rarotonga check-in counters for an 11:00 Flight to Atiu.
 12:00 Arrival on Atiu and transfer to Atiu Villas, lunch.
 15:00 Walk to the site of the 1st session, in a nearby plantation. Walk to the south coast for the 2nd session. Transfer or walk back to Atiu Villas.
 19:00 Drinks and recap
 19:30 Dinner at Kura's Kitchen.

Day 3 Saturday

We make our own breakfast in our Atiu villas.
 9:00 Meet for transfer and walk to the site of 3rd session in rugged makatea forest. Sketch and/or chill off at stunning Tumai beach before transfer back to the Atiu Villas.
 12:00 Lunch at Atiu Villas.
 14:00 4th session in garden: Light and shade, textures.
 17:00 Unwind on a bush walk with Judith or relax by the pool.
 19:00 Drinks and recap
 19:30 Dinner at Kura's Kitchen

Day 4 Sunday

5th session: Drawing figures at the Atiu Villas pavilion.
 12:00 Lunch at Atiu Villas.
 13:30 Birdman George's Eco Tour and 6th session: Sketching on the go.
 17:00 Traditional Polynesian feast while watching the sunset on a beach.

Day 5 Monday

9:00 7th Session: Working with the sketches.
 10:30 Settle personal bills, transfer to Atiu Airport.
 12:00 Return flight to Rarotonga.



Package Price

	Single	Double
2 Adults + Instructor (Judith)	\$2,779.00	\$2,536.00
4 Adults + Instructor (Judith)	\$2,291.00	\$2,047.00
6 Adults + Instructor (Judith)	\$2,058.00	\$1,814.00
Prices are in New Zealand Dollars		

Enquiries and bookings: events@dmck.co.ck

